



CIBTAC LEVEL 2 : CBA04 AWARD IN FACIAL SKIN CARE – 100 HOURS

1) FOLLOW HEALTH AND SAFETY IN THE SALON

KNOW AND UNDERSTAND THE REQUIREMENTS FOR FOLLOWING HEALTH, SAFETY AND SECURITY PRACTICES.

- Explain the difference between legislation, codes of practice and workplace policies.
- Outline the main provisions of health and safety legislation
- State the employer's and employees' health and safety responsibilities.
- State the difference between a hazard and a risk
- Describe hazards that may occur in a salon
- State the hazards which need to be referred
- State the purpose of personal protective equipment used in a salon during different treatments
- State the importance of personal presentation, hygiene and conduct in maintaining health and safety in the salon.
- State the importance of maintaining the security of individual and belongings
- Outline the principal of hygiene and infection control
- Describe the methods used in the salon to ensure hygiene.
- Describe the effectiveness and limitations of different infection control techniques
- Describe how to dispose of different types of salon waste
- Describe procedures for dealing with emergencies
- Outline the correct use of fire fighting equipment for different types of fire
- State the dangers of the incorrect use of fire fighting equipment on different types of fires
- State the importance for reporting and recording accidents
- Describe the procedures for reporting and recording accidents

BE ABLE TO MAINTAIN HEALTH, SAFETY AND SECURITY PRACTICES

- Conduct themselves in the workplace to meet with health and safety practices and salon policy
- Deal with hazards within their own area of responsibility following salon policy
- Maintain a level of personal presentation hygiene and conduct to meet with legal and salon requirements
- Follow salon policy for security
- Make sure tools equipment, materials and work areas meet hygiene requirements
- Use required personal protective equipment (PPE)
- Position themselves and the client safety
- Handle , use and store products, materials , tool and equipment safety to meet with manufacturers' instructions
- Dispose of all types of salon waste safety and to meet with legal and salon requirements

BE ABLE TO FOLLOW EMERGENCY PROCEDURES

- Demonstrate during a drill or real event knowledge of , and compliance with the establishments' requirement's for fire evacuation procedures
- Follow emergency procedures
- Follow accident reporting procedures which meet with salon policy
- Identify named emergency personnel
- Locate fire fighting equipment

2) PROVIDE FACIAL SKINCARE

KNOW & UNDERSTAND THE REQUIREMENTS FOR FACIAL SKINCARE

- Describe health & safety & environmental working practices
- State the environmental conditions suitable for facial skin care treatments
- State the importance of carrying out a detailed skin analysis
- Describe the different skin types conditions & characteristics
- Explain how the ageing process, lifestyle and environmental factors affect the condition of the skin & muscle tone
- Describe salon requirements for preparing themselves the client & work area
- State the importance of positioning themselves & the client correctly throughout the treatment
- Describe different consultation techniques used to identify treatment objectives
- Describe the contraindications that prevent or restrict facial treatments
- State the contra actions that may occur during & following treatments & how to respond.
- Describe how to select products tools & equipment to suit client treatment needs, skin type & conditions



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- State the importance of using products, tools , equipments & techniques to suit clients treatment needs, skin type & conditions
- Describe how treatments can be adapted to suit client treatment needs, skin type & conditions
- State the importance of completing treatment to the satisfaction of the client
- State the after care advice that should be provided
- State the importance of completing treatments records

KNOW & UNDERSTAND ANATOMY & PHYSIOLOGY RELATED TO FACIAL SKIN CARE

- Describe the structure & functions of the skin
- Describe the diseases & disorders of the skin
- State the position & actions of muscles of the head, neck & shoulder
- State the names & position of bones, head ,neck & shoulders'
- Describe the structure & functions of the circulatory system for the head, neck & the shoulders
- Describe the structure & functions of the lymphatic system for the head, neck & the shoulders
- Describe the interrelationship & way in which circulatory & lymphatic systems support each other

BE ABLE TO PREPARE FOR FACIAL SKIN CARE TREATMENTS

- Prepare themselves, the client & the work area for facial skin care treatments
- Use suitable consultation techniques to identify treatment objectives
- Carry out skin analysis
- Provide clear recommendations to the client
- Select products, tools & equipment to suit client treatment, needs, skin types & conditions

BE ABLE TO PROVIDE FACIAL SKIN CARE TREATMENTS

- Communicate & behave in a professional manner
- Follow health safety & environmental working practices
- Position themselves & client correctly throughout the treatment
- Carry out facial skin care treatments using product, tools, equipment & techniques to suit client treatment needs skin type & Conditions
- Perform the treatment to the satisfaction of the client
- Record the results of the treatment
- Provide suitable after care advice
- Update the treatment records